

**2014 BOYS AND GIRLS JUNIOR VARSITY
ALL-CITY TRACK AND FIELD MEET**

**Wednesday, April 23, 2014 - Boys at Milne Stadium, Girls at Wilson Stadium
Thursday, April 24, 2014 - Both Boys and Girls Finals at Wilson Stadium**

GENERAL INSTRUCTIONS

1. No changes in heats and/or lanes will be allowed, athlete must compete as assigned.
2. Entries through DIRECT ATHLETICS ONLY.
3. Please be sure to enter highest marks for athletes unless this is their first competition. If no mark is given, they will be placed in the slow heat.
4. **Entries are due by Tuesday, April 22, 2014 by 9:00am.**
5. Awards: Team Trophies for places 1. Medals for 1st places in individual events, ribbons for places 2nd-5th.
6. Awards to be given by **Manzano Sunrise Kiwanis Club**. (April 24, Wilson Stadium)
7. In the field events, each individual will be allowed 4 trials maximum to determine final position.
8. Scoring – Relays: 10-8-6-4-2-1 Individual: 7-5-4-3-2-1.
9. Scratch meeting - Wednesday April 23 - 3:00 PM - Locker Room.
10. Entries - Relays, 1 team - Individual events five (5) entries. All events.
11. In the relay events all runners should report to their stations according to the time schedule, only the lead runner need report to the Clerk of the Course. Each runner should be aware of his/her lane assignment and the time schedule, and be ready at the time of the starters signal. If special instructions are necessary runners will be instructed by the loud speakers.
Please be alert.
12. No event will be held up for late arrivals. It is the responsibility of the coach to inform all contestants of the time schedule.
13. PROTEST - In the case of a mechanical or rule question, a WRITTEN PROTEST must be given to the Meet Referee to be acted on. In the case of judgment calls, no protest will be allowed. Do not come on the field. ONLY head coaches may make a protest.
14. Individual Running Events - The eight (8) finalists will be determined by the fastest time.
15. Starting Heights - High Jump – TBA, Pole Vault TBA
16. **ELIGIBILITY: NO ONE WHO HAS EARNED 5 VARSITY POINTS OR MORE.
AN ATHLETE CAN COMPETE IN ONLY THE JV CITY OR VARSITY CITY -
NOT BOTH, SENIORS ARE NOT ELIGIBLE FOR JV CITY.**